



**TRUE NORTH SCHOOL**  
Discover Your True North

TRUE NORTH SCHOOL TRUE NORTH SCHOOL TRUE NORTH SCHOOL TRUE NORTH SCHOOL TRUE NORTH SCHOOL

TRUE NORTH SCHOOL TRUE NORTH SCHOOL TRUE NORTH SCHOOL TRUE NORTH SCHOOL



11I

**PHAN NGOC VY**

Vy continues to lead by example leading various school and community initiatives. Most recently, she has successfully taken the lead role in collaborating with Peace Vegan School to organize a successful vegan cooking workshop, laying the foundation for upgrading the lunch menu to include vegan dishes for all students and teachers at True North International School!



11I

**LUU TIEN MINH NGHIA**

Nghia creates the workout plan for Earlybirds and leads students in building their resilience and physical/mental health. For Iron Teens, he successfully led a trip of over 60 students to Mau Son to hike, run, and complete the race. He embodies TNIS's Fitness & Wellness pillar!



7I

**LE TRI NGUYEN**

In February, Nguyen also distinguished himself as one of the outstanding students who successfully passed TNIS's school-level debate selection round. As a result, he earned a spot on the TNIS debate team, which will compete at the SSIS Debate Tournament in Ho Chi Minh City this March. Nguyen was also one of the five members of TNIS EMPOWER who represented the school at the VEX Tournament and played a crucial role in securing fourth place for the team.



10I

**ROH EUNSEONG**

Eunseong has demonstrated determination and a strong work ethic, always striving to improve herself. Especially in Spanish, she has impressed her teacher with her extensive vocabulary and strong communication skills. She has also consistently achieved an A+ on all her Spanish tests. Outside of the classroom, you can find Eunseong playing the bass for the TNIS Band or supporting her classmates in their initiatives.

# CHILDREN FIRST

## WALL OF FAME



## Vietnamese Tet Holiday

On January 23rd, TNIS hosted a Tet Festival. Our students embraced various activities such as making bánh chưng (square sticky rice cake), watching lion dances, wearing traditional áo dài, and playing tug of war. These activities allow the students to explore and integrate the cultures of different countries.



# CULTURE ALWAYS

# COMMUNITY FOREVER

## FOOD DRIVE with VIET HARVEST

### WHAT SHOULD YOU BRING?

CANNED FOOD

LONG SHELF-LIFE FOOD

MONEY

LUU TIEN MINH NGHIA  
7904 0220 08



TECHCOMBANK  VIETQR  napas 24/7

### WHERE IS IT?

CANTEEN

### WHEN IS IT?

FEB 17 - MAR 15

## ZERO FOOD WASTE

ZeroWaste Project, led by Nghia Luu G11, has organized a Food Drive for all students to donate food for those less fortunate. The project aims to promote awareness on food waste and food insecurity as a global issue.

In addition, ZeroWaste Project wants to establish a farm-to-table at TNIS and would love to receive donation from parents. All food donation will be given to VietHarvest, one of the biggest food bank in Vietnam, and the organization will help TNIS community to deliver it to their partner.



## CONCORDIA INTERNATIONAL SCHOOL SHANGHAI MODEL UNITED NATIONS

This year, TNIS students participated in a variety of committees, discussing topics such as how to supply clean water to war-torn regions and regulate internet shutdowns in Sudan. With this year's theme of "Bridging the Divide", students were able to listen to Jordan Hattar, the founder of Help4Refugees, a humanitarian organization working to help Turkiye in the aftermath of its earthquakes. They were also provided with the opportunity to interview a survivor of the disaster. In debate, TNIS students represented countries from multiple continents, and represented those nations with empathy as global citizens. Overall, TNIS students demonstrated their hard work and research with 3 days of vigorous debate, and grew to have a more nuanced understanding of world issues.



# STUDENT LIFE

TNIS NEWSLETTER JAN & FEB 2025



Valentine's Day is an occasion for students at True North to express their love and care for friends, teachers, and those they cherish.

On 14 February, during Open Mic, you could hear the fiery guitar sounds of Thanh Hai, the gentle violin melodies of Bella, and the heartfelt vocals of Moon Yun and Erin. Students spread their gratitude and love through their music & performances.



# STUDENT LIFE

## VALENTINE'S DAY





## TNIS CONQUERS MAU SON PATH

During Valentines weekend, students and teachers at TNIS continued to build committee and resilience through their 10km or 25km up the peak of Mẫu Sơn. Along the way, they strengthened their fitness, shared joyful moments, and crossed the finish line together.

Despite the slippery slopes and challenging weather conditions, the students pushed beyond their limits, demonstrating incredible determination to reach the finish line. The trekking run at Mẫu Sơn was not just a race but also a valuable experience in building resilience and perseverance



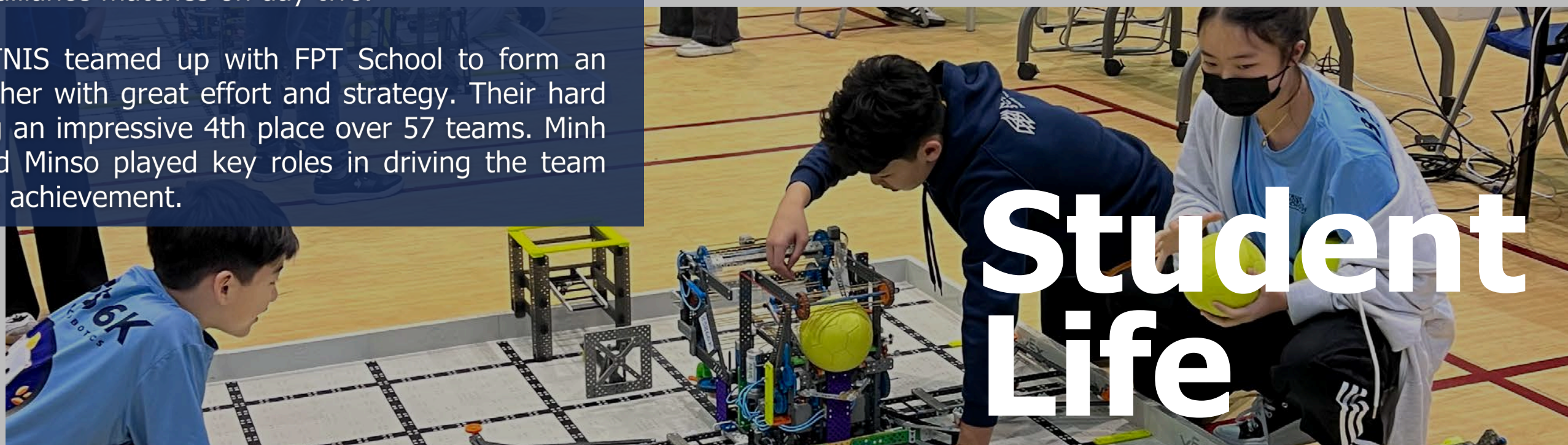
# STUDENT LIFE



## TNIS EMPOWER SECURES 4TH PLACE IN VEX TOURNAMENT

True to their name, the TNIS VEX team entered the competition with unwavering determination. The first day of the tournament presented significant challenges, as their robot encountered repeated errors during the autonomous round, struggling to accurately grab the balls. However, demonstrating perseverance and a never-give-up attitude, the team put the setbacks of day one behind them and focused on the crucial alliance matches on day two.

On the second day, TNIS teamed up with FPT School to form an alliance, working together with great effort and strategy. Their hard work paid off, securing an impressive 4th place over 57 teams. Minh Dũng, Trí Nguyễn, and Minso played key roles in driving the team toward this remarkable achievement.







## VEGETARIAN COOKING WORKSHOP

The vegetarian cooking workshop, co-hosted by students from True North International School and Peace Vegan School and led by Vy (G11I), marks the next step toward the goal of bringing awareness and promoting a healthy plant based diet. The project aims to offer more nutritious vegetarian dishes in our daily meals.

Teachers and students, under the guidance of culinary experts, created several incredibly delicious vegetarian dishes, including vegetarian pho and falafel banh mi.

The nutrition class and cooking tour is a community-based initiative aimed at spreading awareness about sustainable food systems, and the impact of daily food choices on our health. It is a comprehensive class on nutrition and includes hands-on cooking experience for application.



# Student Life

Hello **Grade 8** Parents!

We would like to invite you to attend our Grade 8 to 9 Transition Meeting. The purpose of this meeting is to share important information and help answer questions regarding the move from Middle School into High School. This is for both parents and students.

**This will be hosted on the following dates:**

- 8 AM to 9 AM, Wednesday, March 19th for Korean speaking families
- 5 PM to 6 PM, Thursday, March 20th for Vietnamese and English speaking families

**Location:** True North International School, Library (2nd Floor)

Please help answer this survey by scanning the QR code so we can confirm your attendance and prepare for any questions you may have. We look forward to hosting this meaningful meeting at TNIS.

Best regards,  
Mr. Edward



# TRANSITION MEETING

## Grade 8 to 9



# FINANCIAL AID WORKSHOP

## MSHS Parents & Students

Hello TNIS Parents!

On **29 March, 2025**, our students will be hosting the Student Led Conferences (SLC) at True North International School. During this event, we are pleased to invite you to also attend a very important workshop: Financial Aid & Planning.

This workshop is aimed at supporting families to understand what financial aid options exist, how to apply, and what to expect. It is a relevant decision that will also impact the colleges and universities your child will target to attend. Come join us and learn more about this topic. The workshop will be led by our expert counselor and CEO, Mr. Danny Hwang.

### **Financial Aid & Planning Workshop**

**Date:** 29 March, 2025

**Time:** 1:00 PM to 2:00 PM

**Location:** True North International School, Library (2nd Floor)

You can register using the link or QR code to reserve your spot for this workshop.

[Click to Register](#)

Best regards,  
Mr. Edward



1

HS Soccer Tournament



6-8

UNISMUN Conference



7

Women's Day Celebration



7-8

SSIS Spring Invitational



8

SAT Exam at TNIS



3-14

SEM2 Mid-Terms



22

Earth Hour



28

Film & Forensics Festival



29

Student-Led Conferences



29

Financial Aid Workshop

**March**  
*Upcoming*

And more to come!  
Announcements on the  
**TNIS Parent APP**